



PROLONGED PHYSICAL RESTRAINT

Overview/Purpose:

The purpose of this policy is to define what the OSU IACUC considers prolonged restraint and thereby requires additional justification and description in the animal use protocol to ensure that pain and/or distress is minimized per federal requirements.

Definitions:

1. **Prolonged Restraint** - Restriction of normal postural adjustment of awake animals for greater than (>) 60 minutes.

Requirements:

1. The use of prolonged physical restraint must be described in the IACUC Protocol in the protocol activities section.
2. In the database search for alternatives to procedures that might cause more than momentary pain or distress section of the animal use protocol, terms must include the phrase "prolonged restraint" or similar terms in the search.

Applicable Regulations:

1. National Research Council *Guide for the Care and Use of Laboratory Animals*, Eighth Edition. National Academy of Sciences, 2011

History of Revisions:

024-00 - new policy approved 10/2002

024-01 – Definition of prolonged restraint increased from 15 minutes to 60 minutes. Additional information about the design of restraint devices was added. Approved on 11/17/2006

024-02 – Reformatted into a new template. Requirements for stress restraint models were removed and are approved by IACUC in the protocol. Approved on 03/27/2015